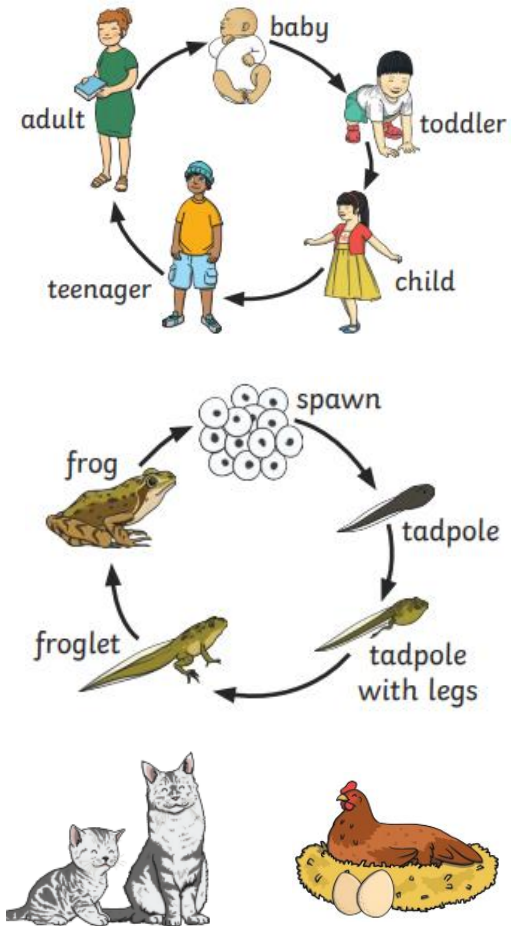




Key Vocabulary and Spellings

1	life cycle	The changes living things go through when they grow and develop.
2	offspring	The child of a person or animal.
3	reproduce	When living things make a new living thing of the same kind.
4	exercise	A physical activity to keep your body fit and strong.
5	healthy	Feeling well and happy.
6	hygiene	How we keep our body and things clean to help stop the spread of germs.
7	germ	Tiny organisms (living things) that can cause illness and disease.
8	nutrition	Substances found in food that we need to live. E.g. our body needs vitamins and minerals to work properly.
9	diet	The kind of food that a person, animal or community eats.
10	energy	What you need to move and do things. A unit of energy is measured in calories. If we eat more calories than we burn we can put on weight.

All young animals change at different stages as they grow into adults.



Top 5 Topic Facts

1	All living things reproduce and have offspring which will grow and develop into adults.
2	Some animals give birth to live young and some animals lay eggs.
3	The basic needs of animals, including humans, are water, food and air.
4	To grow and develop, we must eat the right types of food and do exercise.
5	To stop illness and infections spreading, we must be hygienic and keep ourselves clean.



To stay alive, all animals have 3 basic needs:



Key Investigations

1	Does all offspring look the same as their parents?
2	How can I look after my pet?
3	What can I do to stay healthy?