## EVERYONE INCLUDED, EVERYONE VALUED

## **London Colney Primary and Nursery School**

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## **Dear Parents and Carers**

Today I write to you as a mother first. Last week was tough. Week 4 of the lockdown and a mother of two children I feel the strain. My own two children have been set an immense amount of work to complete at home by their colleges. Between juggling my own job, my children's education and generally surviving a pandemic, I really felt the strain last week.

Times are tough at the moment...... Our mental health is crucial. The dark, cold, and rainy weather hasn't helped so we need to support each other and get through this together.

My main reason for writing to you is to say WELL DONE! You are surviving a pandemic! Whatever your personal circumstances, we think you are doing a great job! We know our pupils are safe, loved and cared for and that is the most important thing at the moment. We know we have high expectations here and we have set a lot of work each week. All we ask is that you do your best. Everyone's circumstances are different and we appreciate that!

Finally, we may be 'closed' to lots of our pupils but we are still here emotionally for all our families. If you need support....a chat... a virtual cuppa... a cry...we are here!

Take care, stay safe and remember we think you are all doing amazingly!

Kind regards,

Mrs Sarah Joyce

Head teacher

PENDEN





