

Lunch Menu Winter / Spring 2023 / 2024



Excellence in Educational Catering

WEEK 1								
4 th Sept,	25 th Sept,	16 th Oct,	13 th Nov,	4 th Dec,	8 th Jan,	29 th Jan,	26 th Feb,	18 th March
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
Pork Sausages with Gravy Creamed Potatoes or Pasta	Beef Bolognese With Spaghetti or Rice	Roast Chicken with Sage & Onion Stuffing & Gravy With Roast Potatoes or Wholemeal Pasta	Chilli Con Carne With Diced Potatoes or Rice	Fishcake with Oven Chips or Pasta				
Cheesy Pasta (V)	Baked Bean & Cheese Slice (V)	Roast Quorn Fillet with Sage & Onion Stuffing & Gravy (V)	Quorn Burger (V)	Cheese & Tomato Pizza (V)				
Jacket Potato with Beans	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Cheese					
Tuna Baguette	Cheese Sandwich	Ham Sandwich	Cheese Sandwich					
Halal Chicken Sausages	Halal Beef Bolognese	Halal Roast Chicken	Halal Chilli Con Carne	All options are Halal				
Apple Crumble with Custard 50% Fruit	Fruit Wedges	Fresh Fruit Jelly 50% Fruit	Chocolate Brick Wall	Marble Cookie				

WEEK 2								
11 th Sept,	2 nd Oct,	30 th Oct,	20 th Nov,	11 th Dec,	15 th Jan,	5 th Feb,	4 th March,	25 th March
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
Mild Chicken Curry With Rice	Beef Lasagne with Pasta	Roast Pork with Sage & Onion Stuffing, Gravy & Roast Potato or Wholemeal Pasta	Beef Burger in a Bun	Battered Fish Fillet with Oven Chips or Pasta				
Bean & Vegetable Grill (V)	Tomato Pasta with Cheese (V)	Shepherdess Pie (VE)	Cheesy Pasta (V)	Cheese & Tomato Pizza (V)				
Jacket Potato with Cheese	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Beans					
Tuna Baguette	Cheese Sandwich	Cheese Sandwich	Ham Sandwich					
Halal Chicken Curry	Halal Beef Lasagne	Halal Roast Chicken	Halal Beef Burger	All options are Halal				
Orange Shortbread	Fruit Wedges	Fresh Fruit Jelly 50% Fruit	Pear & Chocolate Sponge with Chocolate Custard 50% Fruit	Lemon Muffin				

WEEK 3							
18 th Sept,	9 th Oct,	6 th Nov,	27 th Nov,	18 th Dec,	22 nd Jan,	12 th Feb,	11 th March
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
Chicken & Sweetcorn Meatballs with Tomato Sauce, Rice or Diced Potatoes	Chicken Pie with Creamed Potatoes	Roast Beef with Gravy with Roast Potatoes or Pasta	Quorn Hot Dog with Potato Wedges or Garlic Bread	Fish Fingers with Oven Chips or Wholemeal Pasta			
Bean & Vegetable Grill (V)	Tomato Pasta with Cheese (V)	Potato Topped Vegetable Pie (V)	Macaroni Cheese (VE)	Cheese & Tomato Pizza (V)			
Jacket Potato with Cheese	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Beans				
Tuna Baguette	Cheese Sandwich	Ham Sandwich	Cheese Sandwich				
Halal Chicken & Sweetcorn Meatballs	Halal Chicken Pie	Halal Roast Chicken	All options are Halal	All options are Halal			
Chocolate Mousse	Fruit Wedges	Fresh Fruit Jelly 50% Fruit	Apple Sponge with Custard 50% Fruit	Banana Bread			

Gravy is always available & is in a separate jug.

Bread, Vegetables & Salad are available daily

Fresh Fruit & a choice of desserts are available daily.

Main Meal **Vegetarian Meal** **Jacket Potato** **Sandwich** **Halal** **Dessert**

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Updated September 2023