

Sports Premium Report – Strategic Plan

September 2023- July 2024



LONDON COLNEY PRIMARY AND NURSERY SCHOOL

Purpose of the Grant

- To develop or add to the PE and sport activities that your school already offers.
- To build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years.
- To improve the provision of PE and sport so that all pupils develop healthy lifestyles.

The funding is received in two instalments, the first is October and the second funding allocation in April.

Objectives and Principles

At London Colney Primary School, our aim is to develop a PE curriculum that is designed to teach children skills that will have a positive impact on their future health and wellbeing. We aim to deliver inclusive, high-quality teaching and learning opportunities that inspire all children to develop the competence to excel in a broad range of physical activities. We want to teach children how to co-operate and collaborate with others, as part of a team, understanding fairness and equality of play to embed life-long values. Swimming and water safety are important life skills and we aspire for all children to leave primary school being able to swim at least 25 metres.

We want our children to develop the knowledge, skills and capabilities necessary for mental, emotional, social and physical wellbeing now and for their future. Physical fitness is an important part of leading a healthier, active lifestyle. It teaches self-discipline and that to be successful you must work hard, show resilience and have the determination to believe that anything can be achieved. We want our children to be able to be physically active for sustained periods of time. We hope children enjoy PE and develop a love of sport, and physical activity, that they pursue outside of school and in future life beyond primary school.

The funding will develop a programme that includes:

- ✓ High quality physical education, as part of the curriculum, including knowledge and understanding of a healthy lifestyle.
- ✓ Support from Herts PE Team for teachers to develop sports practice and confidence in delivering PE and sports lessons.
- ✓ Wider range of extracurricular clubs.
- ✓ Structured playtimes and lunchtime activities to encourage participation and promote healthy well-being.
- ✓ Entering different leagues, festivals, sports tournaments and competitions organised by Herts PE Teams.
- ✓ Sports enrichment opportunities across the school.
- ✓ Sports Leaders to work with the Herts PE Team to lead games during playtime and lunchtimes.

Summary of 2022 Sports Premium Review

<p>Key achievements to date:</p> <ul style="list-style-type: none"> • Two hours of PE and sport taught throughout KS1 & KS2 • Daily physical activity for all encouraged in EYFS • Year 6 participate in swimming lessons with the aim of being able to swim at least 25m by the end of KS2 • Year 4 participating in swimming lessons working towards achieving 25m. • Weekly celebration assembly to recognise achievements in swimming. • Extension of the extra-curricular provision – Additional PE and Sports clubs • 100% of sporting clubs are at full capacity. • Sports coach to improve quality of teaching • Year 3 and 4 enrichment opportunities with Watford FC. • PESL level 5 qualification complete to improve the quality of teaching and learning as well as support for staff. • Completed bikeability course for year 5 children to increase road safety awareness as well as to promote use of bicycles for fun and transport 	<p>Areas for further development and baseline evidence of need:</p> <ul style="list-style-type: none"> • Reintroduce the daily mile • Living streets – walk to school • Develop a diversity in sport to allow children to experience a wider range of sporting activities outside of the PE curriculum. • Increase participation in inter and intra school competitions through links with School Games. • Create more opportunities for staff CPD • Sports ambassadors to be assigned in Year 6 to help lead active lunchtimes and raise the profile of PA throughout the school. • More children to be able to swim • Improve outcomes in PE across the school. • Further enrichment activities to raise the profile of PE across the school. • Develop an action plan to tackle the levels of obesity and a healthy lifestyle.
<p>Meeting national curriculum requirements for swimming and water safety</p>	<p>Percentage</p>
<p>What percentage of your Yr 6 could swim competently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?</p>	<p>52%</p>
<p>What percentage of your Yr 6 pupils could use a range of strokes effectively (for example, front crawl, backstroke & breaststroke) when they left your primary school at the end of last academic year?</p>	<p>52%</p>

What percentage of your Yr 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of the last academic year?	30%
Schools can choose to use Primary PE & Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No

Academic Year 2022/23	Total fund allocated: £17280 Actual Spend:	Date Updated:		
Key indicator 1: the engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation: 80.5%
School focus with clarity on intended impact on pupils	Actions to achieve:	Funding allocated:	Evidence & impact:	Sustainability & suggested next steps:
Enhance the opportunities given to children for daily physical activity at school	<ul style="list-style-type: none"> • Offer a range of activities at playtime and lunchtime • Purchase and maintain additional sports equipment <ul style="list-style-type: none"> • PE Lead, teachers, PE teaching assistants, lunchtime staff and pupils to work collaboratively to organise games (playtimes and lunchtimes) • Purchase PE equipment for EYFS. <ul style="list-style-type: none"> • Regular audit of equipment against inventory. • Resources available to pupils are always of high-quality, meet safety standards and meet the needs of all pupils • Install climbing frame in the playground. • Reintroduce the 'Run a mile' – a running activity to 	<p>£8877</p> <p>£3198</p> <p>£2000</p>	<ul style="list-style-type: none"> ✓ High level of pupil engagement during the active playtimes & lunchtimes ✓ Increase in team spirit & sportsmanship amongst pupils ✓ Improved behaviour & evidence of LCP Values during playtimes & lunchtimes ✓ Increase in fitness levels of pupils during PE lessons ✓ Wider range of suitable equipment for younger pupils ✓ Complete PE curriculum to be taught effectively 	

	<p>accumulate miles on the schools new running track.</p> <ul style="list-style-type: none"> • Inclusive event to be held termly for selected SEND pupils within the school. 			
Increase activity levels by promoting walking as part of a healthy lifestyle	<ul style="list-style-type: none"> • Working with School Council to encourage walking to school. • Incorporate physical education into home learning. • Regularly promote walking to school in newsletter. • Educate the community on dangers of pollution. • Active role in the 'quieter neighbourhood scheme'. 	Time	<ul style="list-style-type: none"> ✓ Children aware of the importance of physical activity as part of a healthy and active lifestyle ✓ Bringing together the community with a common goal 	
To promote the enjoyment of cycling & basic skills to develop future road cyclists through the Bikeability programme and safer scooting	<ul style="list-style-type: none"> • All pupils in Year 5/6 to complete the level 1 and 2 of schools' cycle training. • All pupils to be encouraged to cycle to and from school safely 	Free	<ul style="list-style-type: none"> ✓ Percentage increase in number of pupils riding their bike to school ✓ Pupils confidence has improved when riding on the road ✓ Pupils understand the health & fitness benefits of cycling 	

Key Indicator 2: The profile of PE & sport being raised across the school as a tool for the whole school improvement				Percentage of total allocation:
				6%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact	Sustainability & suggested next steps:
PE Steering group	<ul style="list-style-type: none"> • Sports Lead to attend half termly meetings held to discuss planned LCP sporting competitions as well as developments within PE across the school and county • Maintain the quality of PE plans to ensure they are relevant & support teachers 	Time	<ul style="list-style-type: none"> ✓ Close working relationship with school staff ✓ Profile of PE is raised across the school ✓ Up to date with new changes or developments to the PE curriculum 	

<p>Improve the quality of teaching PE & sharing expertise</p>	<ul style="list-style-type: none"> • Audit of all teaching staff • Teacher to lead on PE curriculum developments • Hiring of PE apprentice to assist class teachers in the teaching of PE • Maintain an active PE Working Party to promote PE & facilitate the sharing of good practice • PE Lead to support teachers through coaching & mentoring programme • Book all ECT's onto Herts specialist training courses for next academic year for dance, gymnastics, games & athletics • New assessment tool to be discussed as part of LCP steering group in the next academic year • Ensure self & peer assessment are used within lessons • Record before, during and after assessments against the learning objective of each unit. 	<p>Time</p>	<ul style="list-style-type: none"> ✓ Increased teacher confidence in the delivery of PE lessons ✓ Assist teachers in the teaching of PE ✓ Profile of PE is raised across the school ✓ Evidencing PE lessons 	
<p>Raise the profile of LCP PE teachers across school & at competitions, tournaments & events</p>	<ul style="list-style-type: none"> • PE kit for PE teachers 	<p>£110</p>	<ul style="list-style-type: none"> ✓ School's high standard & professionalism is valued & recognised outside of school 	
<p>To develop children's knowledge of the links between diet & physical wellbeing</p>	<ul style="list-style-type: none"> • Work with new PSHE lead to establish the links to PSHE Health and Wellbeing e.g. staying healthy, exercise and fitness, being physically active, habits and self-control, positive physical 	<p>Curriculum development</p>	<ul style="list-style-type: none"> ✓ Pupils recognise the links between a healthy lifestyle, physical activity & their choices ✓ Pupils recognise the importance of wellbeing to support their learning 	

	<ul style="list-style-type: none"> and emotional health • SLT and PE Lead to monitor PE and PSHE lessons to ensure links are made and to ensure quality first teaching and learning • Attendance initiative used as an incentive to eat healthily and maintain exercise and fitness 		<ul style="list-style-type: none"> ✓ Improved attendance in school 	
To ensure pupils reach the National Curriculum expectation for swimming by the time they leave LCP School	<ul style="list-style-type: none"> • Encourage parents to take their children swimming outside of school hours • Teach pupils the benefits of swimming for their health & fitness during curriculum time • 	Time	<ul style="list-style-type: none"> ✓ All children are able to swim 25 meters ✓ Pupils are aware of the benefits of swimming 	
Raise awareness of physical wellbeing & the link to eating habits	<ul style="list-style-type: none"> • Free school dinners for teaching staff who eat with children & advise them on food choices • Teachers to develop social skills as well as healthy lifestyle choices • Regular reminders – in the newsletter – of the requirement for healthy packed lunches daily & on school trips 	<p>£300</p> <p>£196</p>	<ul style="list-style-type: none"> ✓ Pupils/parents to make informed choices for packed lunches ✓ Pupils are making informed choices at lunchtimes 	
Develop children's knowledge of the links between diet & physical wellbeing	<ul style="list-style-type: none"> • Monitor the links to PSHE Health & Wellbeing e.g. staying healthy, exercise & fitness, Being Physically active, Habits & self-control, positive physical & emotional health • Monitor PE & PSHE lessons to ensure links are made & to ensure quality first teaching & learning 	Time	<ul style="list-style-type: none"> ✓ Pupils recognise the links between a healthy lifestyle, physical activity & their choices ✓ Pupils recognise the importance of wellbeing for their learning ✓ Pupils/parents to make informed choices for packed lunches 	

	<ul style="list-style-type: none"> • Create PE display to show excellent examples of links between diet & physical wellbeing 			
To celebrate achievement & progress in sporting skills	<ul style="list-style-type: none"> • All sporting teams are acknowledged for their engagement & participation in sporting events through assemblies & mentions in fortnightly newsletter & on the website • Whole class attendance certificates awarded each week • 100% attendance certificates awarded to individual pupils at the end of each term 	Time	<ul style="list-style-type: none"> ✓ Increased opportunities for sport & PE skills to be celebrated ✓ Increased status in the importance of exercise & fitness in order to stay healthy 	
Train pupils to become sports leaders	<ul style="list-style-type: none"> • Recruit new cohort of Yr5 pupils to lead lunchtime games following training from County PE specialist • Purchase 'Sports Leader' bibs/tops for children to wear to instil a sense of pride & importance • Play leaders to work with PE team to organise & lead games during playtimes & lunchtimes • MPs to select Sports Leaders to run lunchtime activities & games 	£200	<ul style="list-style-type: none"> ✓ Successful pupils to have a leadership responsibility ✓ Increase in engagement of younger pupils in daily physical activity ✓ Sports Leaders are confident in working collaboratively with the PE team 	
Promote swimming to pupils & parents	<ul style="list-style-type: none"> • Current Yr6 pupils (who have completed the school swimming programme) to speak to pupils in assembly about the benefits of swimming. Encourage parents to take their children swimming outside of school hours 	Time	<ul style="list-style-type: none"> ✓ Increase the percentage of pupils who are able to swim 25 metres confidently 	

	<ul style="list-style-type: none"> • Teachers to inform pupils of the benefits of swimming for their health & fitness as part of their PSHE lessons 			
Reflect the pupil voice in PE & sport	<ul style="list-style-type: none"> • Half-termly meetings with the PE lead • Sports Council badge for all members • Sports Day to include a pupil choice event 	£60	<ul style="list-style-type: none"> ✓ Pupil voice is reflected in decision making & PE events within school 	
<p>To ensure all staff have sufficient equipment to deliver outstanding PE lessons</p> <p>To ensure all PE & sports equipment is safe</p>	<ul style="list-style-type: none"> • Monitor levels of PE resources • Ensure all PE items are returned to their rightful place • Maintenance of gym equipment • Health & safety checks on all gym equipment 	£200	<ul style="list-style-type: none"> ✓ Pupils continue to use appropriate & safe gym equipment ✓ Reduction in loss & damaged sports equipment 	

Key Indicator 3: Increased confidence, knowledge & skills of all staff in teaching PE & sport				Percentage of total allocation:
				6%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact	Sustainability & suggested next steps:
Provide CPD opportunities for staff and/or to maintain & develop the highest standards in physical education & school sport	<ul style="list-style-type: none"> • Create a working party to promote PE & facilitate the sharing of good practice across school • Set high expectations • Support teachers to develop confidence & good PE practice when delivering PE sessions • Clear skills progression across the school • Ensure PE requirement is taught weekly • Continue to develop PE plans • Work alongside the Local Authority PE Team to support 	Time	<ul style="list-style-type: none"> ✓ Increase confidence in teachers in the delivery of PE lessons ✓ Development of key skills across the school ✓ Professional development opportunities ✓ Skilled staff members ✓ Consistency in the delivery of PE/sports across the school 	

	<p>the overall developments of teaching & learning</p> <ul style="list-style-type: none"> • Facilitating sharing good practice 			
<p>PE Lead to oversee the provision of PE & sports to ensure all pupils have access to the highest of standards</p>	<ul style="list-style-type: none"> • To provide cover in order to release PE Leader for professional development in PE/sports • Cover/admin costs incurred for PE Leader (& additional staff where necessary) for supporting tournaments, including weekends • PE Leader to attend County subject leader courses to develop knowledge & skills • PE Leader to attend LCP steering group meeting once every half term • Apply for tickets to professional sporting events • Organisation of whole school sports days • Cover for PE Lead in order to observe teaching & learning of PE across the schools • Staff training preparation • PE Leader to keep up to date with PE developments • Apply for tickets to professional sporting events 	£1000	<ul style="list-style-type: none"> ✓ Develop confidence & leadership skills of PE Teacher ✓ Children have experience of attending professional games, competitions & tournaments ✓ Pupils feel part of a wider community across Herts ✓ Increased confidence in teachers in the delivery of PE lessons ✓ Celebration of PE/sports across the sites & with parents during sports days ✓ Pupils are given the opportunity to experience a wide range of PE & sporting events 	

Key Indicator 4: Broader experience of a range of sports & activities offered to all pupils				Percentage of total allocation:
				6%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact	Sustainability & suggested next steps:

Key Indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				0.5%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact	Sustainability & suggested next steps:
Widen pupils sporting experiences including participation in competitions	<ul style="list-style-type: none"> • Increase the number of leagues, festivals, tournaments, competitions entered which are organised by the PE Team e.g. football, tag rugby • To enter a variety of competitions & festivals in Herts e.g. dance festival • To contribute to the organisation of competitive events across the county • To participate in competitive events across Herts • Teachers to identify SEND pupils not participating in PE or extra curriculum activities to encourage engagement in sports clubs 	£100	<ul style="list-style-type: none"> ✓ More children across the school are able to participate in sporting activities & events ✓ Improvement in the achievement in the borough league tables ✓ Percentage of SEND children participating in sports days to increase 	

Key Indicator 6: Develop PE & physical education in the Early Years				Percentage of total allocation:
				1%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact	Sustainability & suggested next steps:
Whole school engagement in PE promoting continuous healthy active lifestyles	PE lead to plan with Nursery and Reception teacher any CPD needs in relation to Early years PE support. <ul style="list-style-type: none"> • Reintroduce PE assistants/Sports Leaders in KS2 to deliver a games programme to younger pupils during lunchtimes. • Encourage knowledge sharing between Nursery and Reception staff 	Time	<ul style="list-style-type: none"> ✓ Increased confidence in teachers in the delivery of PE lessons ✓ Participation of EYFS pupils participating in daily activities to increase ✓ Pupils to have an improved attitude to sport & health with consequent improvement in fitness levels 	

	<p>and KS1/KS2 staff who are confident in teaching PE and sport – share good practice. • Explore sport / PE clubs on offer for EYFS pupils. • Nursery sports days annually.</p>		<ul style="list-style-type: none"> ✓ Percentage increase in number of pupils learning to ride a bike/balance bike ✓ Pupils confidence improved for cycling ✓ Pupils understand the health & fitness benefits of cycling 	
Increase in daily activity time for children	<ul style="list-style-type: none"> • PE lead to plan with nursery and reception teacher any CPD needs in relation to early years PE support 	Time	<ul style="list-style-type: none"> ✓ Participation of EYFS pupils participating in daily activity to increase ✓ Pupils to have improved attitude to sport & health with consequent improvement in fitness level 	
Engage parents & carers in their child's physical development	<ul style="list-style-type: none"> • Invite parents into school to see what their child is learning & doing in PE • Purchase Fit bags for EYFS – possible 2 for each class • Nursery sports days annually – invite parents to watch 	£189	<ul style="list-style-type: none"> ✓ Parents to feel more involved/knowledgeable about daily activity ✓ Participation of EYFS pupils participating in daily activity to increase ✓ Pupils to have an improved attitude to sport & health with consequent improvement in fitness levels 	