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Tuesday 2nd July 2025

Dear Parents and Carers,

Year 6 Sex and Relationship Education Lessons – Starting Next Week

As part of our statutory Health and Relationships Education curriculum, we will be delivering Sex and Relationship Education (SRE) lessons to Year 6 pupils starting next week.

These sessions are age-appropriate and designed to help children understand the changes that occur during puberty, develop respect for themselves and others, and learn how to stay safe and healthy. The content follows the government guidance and is in line with our school's RSE policy, which is available to view on our website or upon request.

The lessons will cover:

- Physical and emotional changes during puberty
- Reproduction and human development
- Personal hygiene
- Respectful relationships and consent

We will be teaching boys and girls in separate groups for some of these sessions to allow pupils to feel more comfortable asking questions and engaging in discussion.

If you have any questions or would like to view the materials we will be using, please feel free to contact the school.

Thank you for your continued support.

Yours faithfully,

Nazish Sabah